

## TOWN OF MANSFIELD



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### For Immediate Release

#### **Mansfield Commission on Aging Updates Long-Range Plan for Seniors**

The Mansfield Commission on Aging has completed its long-range plan for the period of January 2011 through December 2013. The Commission continues to support the idea of a senior friendly community, one that provides services, programs and opportunities that improve the quality of life for older adults. The Commission reviewed the current needs of elder residents in relation to physical environment and housing, health care services, social and cultural services, safety and security and transportation needs. Within that framework, the Commission has created a number of action recommendations to help meet the needs of the elderly.

Regarding physical environment and housing, the Commission continues to support an assisted living construction project close to the Senior Center complex. Recognizing the increased demands of our Wellness Center, the Commission will work to expand present services with the possible inclusion of a geriatrician. The Commission supports the use of a UCONN Intern to help update and make available online, the Senior Center's publication "At Your Fingertips" (a reference guide to available senior services in the area). The Commission supports the TRIAD Program in helping to inform seniors regarding safety and security. Finally, the Commission has been a strong supporter of the newly organized Volunteer Driver program and will continue to work towards its further development beyond medical appointments. The Commission has worked in the past to encourage the placement of bus shelters and is further recommending the placement of benches within.

It will be the ongoing work of the Commission to identify specific areas of concern, prioritize issues and develop action plans in the future to make Mansfield a desirable residence for its citizens as they age. Complete copies of the Commission on Aging's Long Range Plan may be found at the Human Services Office, the Senior Center and on the website ([mansfieldct.gov](http://mansfieldct.gov)).

Commission on Aging Members Include: Carol Pellegrine, chair; Joan Quarto, vice-chair; Wilfred Bigl; Sam Gordon; April Holinko; Don Nolan; Joan Terry and Mary Thatcher.

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